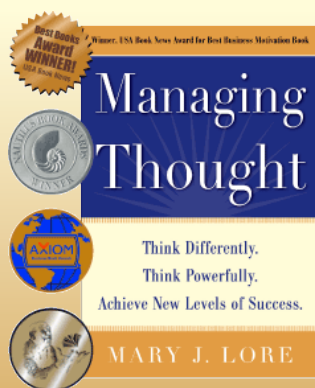


Join internationally recognized executive mentor and award-winning author Mary J. Lore



Learn the step-by-step process to turn habitual, counterproductive thinking into creative thinking and inspired action.

Mary's book has won six best book awards. The most recent for Conscious Business and Leadership and Audio Books that Enlighten and Inspire place Mary with previous winners including Deepak Chopra, M.D., Eckhart Tolle, and His Holiness the Dalai Lama!

MANAGING THOUGHT: How Do Your Thoughts Rule Your World?®

Date: Sunday, April 18, 2010 Time: 2:00pm - 5:00pm

(1:30pm Registration, 2:00pm-5:00pm Workshop, 5:00pm Book Signing)

Cost: \$50.00 per person — Pre-Registration Required

Place: Inner Strength Yoga & Healing Center, 2124 El Camino Real, #200, Oceanside, CA 92054

Registration Deadline: Midnight Friday April 16, 2010. Seating is limited.

For more information and to register visit:

www.ManagingThought.com/InnerStrengthManagingThoughtWorkshop

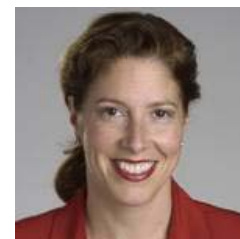
or contact Laurie at 760-822-1348

For directions visit www.isyoga.com

Managing Thought® is a relevant workshop and provides a step-by-step process to turn habitual, counterproductive thinking into creative thinking and inspired action.

This interactive workshop helps you to learn how to:

- Become aware of your thoughts
- Know whether a thought is working for you or against you
- Eliminate thoughts that waste time, energy, and money
- Make subtle changes in how you think to reignite your creativity, restore your sense of purpose, reclaim your peace of mind, and achieve significant results



**Award-Winning Author
Mary J. Lore**

Mary has devoted 30 years to serving as a CPA, senior executive, turnaround expert, entrepreneur, and mentor to corporate leaders. Since 2002, she has successfully assisted others, in North America and Europe through her corporate and public workshops, and thousands of hours working with CEOs, managers, employees, teachers, parents, and teens. She also serves as a chair and expert resource for TEC Detroit and Vistage International, the world's preeminent organization for the personal and professional development of CEO's.

For Testimonials, Success Stories, Recognition & More Visit www.ManagingThought.com

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