

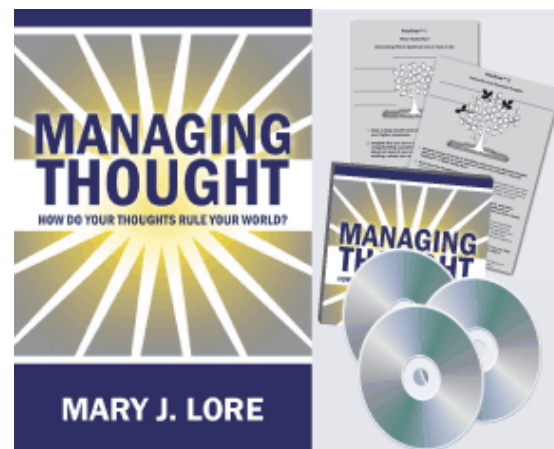


MANAGING THOUGHT

A WAY OF LIVING TO ACHIEVE PERSONAL AND BUSINESS SUCCESS™

Managing Thought How Do Your Thoughts Rule Your World? *by Mary J. Lore*

The keys to success in work and in life are actually the very same keys...self-awareness, self-mastery and being on purpose. Without these you'll live each day as you did the previous. You'll experience the same things over and over – with different jobs, different customers, different suppliers, employees, spouses, children and so on. A year will pass and then many more, and you'll wonder why you didn't achieve the results you expected.



Managing Thought gives you the tools to banish habitual, counterproductive thinking in order to harness the most powerful energy you possess – the energy to change your way of life and the way you conduct business so you can achieve what's really important to you.

What's In Managing Thought?

Managing Thought provides the tools and the step-by-step process to permanently turn what you desire into reality by Managing Thought. The book focuses on some powerful and transformative issues, such as:

- How to decide what we want (instead of what we don't want)
- How to identify destructive thoughts that waste time, energy, money and obscure reality
- How to discover and release limiting perceptions and beliefs
- How to shape thoughts and choose our intentions
- How to ask powerful questions and formulate answers in the form of powerful statements
- How to replace weak thought patterns with powerful thought patterns
- And, most important, how to put Managing Thought into practice on a daily basis, in each moment.

Who Is Reading Managing Thought?

Managing Thought appeals to corporate leaders responsible for achieving results in their organizations as well as management consultants and executive coaches, whose success depends on their ability to help clients increase their effectiveness. The book also serves as an indispensable guide to people in many occupations and relationships who want to change the way they think and improve their lives. Parents, teachers, educators, lawyers, clergy, social workers, medical professionals, students, union leaders, governmental officials and communications professionals will benefit from the abundant resources available in Managing Thought. And people facing challenges such as addictions, abusive relationships, low self-esteem and career impasses gain practical skills to overcome life's obstacles to happiness and success by Managing Thought.