



MANAGING THOUGHT

A WAY OF LIVING TO ACHIEVE PERSONAL AND BUSINESS SUCCESS

ABOUT THE FOUNDER MARY J. LORE



Mary J. Lore is the founder and CEO of Managing Thought, LLC, which helps individuals and organizations develop self-awareness and change how they think and conduct business to attain long-lasting success. She is an internationally recognized leader, public speaker and executive mentor, and author of the multiple award-winning book *Managing Thought: Think Differently. Think Powerfully. Achieve New Levels of Success* and audio book *Managing Thought: How Do Your Thoughts Rule Your World?*®.

Mary has devoted thirty years to serving as a CPA, senior executive, business turn-around expert, entrepreneur, and mentor to corporate leaders. She has successfully assisted others, in North America and Europe through her corporate and public workshops, and thousands of hours working with CEOs, managers, employees, teachers, parents, and teens. Since 2002, Mary has served as a chair and expert resource for Vistage International, also known as TEC, the world's pre-eminent organization for the personal and professional development of CEOs.

Managing Thought sprouted from an “aha” moment when Mary—feeling drained, unhealthy and completely out of balance—realized that she could take responsibility for her reality. She decided to apply the system of thinking and being that made her successful at work to change her entire life.

Mary is certified in Gardening Fine Arts, as well as the practice of Dao-In, an ancient Chinese yoga practice. Mary enjoys camping, hiking, cooking, singing, traveling, and enjoying the company of family and friends. She currently resides in Michigan.

