



Managing Thought by Mary J. Lore

Leaders, Executive Coaches, Authors, Educators, Parents, and Students Endorsing *Managing Thought*

"Self-help books, most of us know, are a dime a dozen. This is a self-help book that makes the rest of them obsolete. Mary Lore, through a multitude of pointed vignettes and just plain old common sense, puts the quandary of human existence into a fresh, colorful, and detailed perspective. After my forty years of professional experience in this field, this is the best yet. In short, it is life changing. Most refreshingly, as you read it, you know that the author practices it in her everyday life. Her book is the definitive 'First in Class' on this subject and will go down as a true classic for many years to come!"

Dr. Harry S. Dennis, III

Chairman and CEO The Executive Committee

Dedicated to increasing the effectiveness and enhancing the lives of chief executives

"*Managing Thought* will dramatically improve how you think and do. I wish I had read it when I was twenty-five. It's an easy-to-read, yet deeply insightful, interpretation that shows how to manage your thoughts to be more successful. Just the short, effective paragraph on 'Putting it into Practice' will convince you that this is a must-read!"

Kraig Kramers

CEO, Speaker, CEO Coach, and Author of *CEO Tools*

"*Managing Thought* is to this century what *How to Win Friends & Influence People* and *The 7 Habits of Highly Effective People* were to the last century. Thought management is a key asset for today's leaders."

Barbara G. Stanbridge

Change Management Expert

President, National Association of Women Business Owners (2001)

Additional comments and success stories from clients and readers can be found online at
www.managingthought.com.

Managing Thought by Mary J. Lore - Endorsements

"In life, each of us is required by the dynamic reality of daily events to face ourselves or not. We all have the choice to be actively in the game of life or, by default, to stay on the sideline. This book can initiate the process of personal work and consistent focused selfdevelopment. My forty years of working with graduate students and CEOs confirms the importance of daily routine in individuals moving toward being brave personally, giving themselves permission to know themselves, and moving beyond the 'other directed' orientation of critical self-critique. An inner-directed path will allow the growth of a more developed personhood. Mary's book can give its readers the path toward a centered self-confidence."

W. Lynn Tanner, PhD

President and CEO, TEC Canada Canada's preeminent organization
for the development of CEOs

"Bottom-line improvement comes through people, and I want people on my team who can think for themselves, visualize outcomes, and be proactive in seeking positive results. Mary Lore shares a very creative approach to analyzing and measuring our thought process. It validates the importance of being in control to effect positive outcomes in our lives. *Managing Thought* is a must read if you want to develop a personal flight plan that has positive outcomes, takes you to new heights, avoids significant turbulence, and puts you in control."

Howard Putnam

Former CEO, Southwest Airlines Author of *The Winds of Turbulence*

"*Managing Thought* gets right to the bottom line on why individuals and organizations behave the way they do. *Managing Thought* provides the tools that empower us to learn how to change our behavior and improve our effectiveness and overall health at work and home. I'm a better person, leader, friend, father, and husband for having read this book."

William Neale, MA

Co-Founder, Denison Consulting

Developer of diagnostic tools designed to bring culture and leadership to the bottom line

"*Managing Thought* is one of the best self-help books I have ever read. It is thought provoking, easy to understand, and the exercises are simple yet very effective. Through *Managing Thought*, I now see how my limiting beliefs have held me back and put me in a very small box as to the possibilities in my life. By taking the time to really work on uncovering what they are and examining them in detail, I am able to take myself out of that very small box and help my clients to do the same."

Bob Carrothers

Executive Coach, Vistage International
The world's leading chief executive organization

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Managing Thought by Mary J. Lore - Endorsements

"*Managing Thought* is as timeless as Dale Carnegie's work. This book goes way beyond business executives. It is a powerful book for anyone, in any number of personal and professional relationships. Through *Managing Thought*, I have taken control of my life with powerful, high-service, and high-purpose thoughts. I learned I have the power to choose my thoughts and overpower my weak, negative ones."

Arthur Horwitz

President and CEO Jewish Renaissance Media

The leading gatherer and disseminator of information for and about the American Jewish community

"For years, great leaders have realized 'the power of positive thinking.' Even pessimistic people prefer to follow positive, optimistic leaders. This book takes this concept to a completely new level and teaches us how to actually manage our thoughts to be creative, inspired, and impactful in all that we do. The concepts are practical and real and are equally beneficial at home or in the workplace. Lore's book reinforced that I actually have a choice and can control my thoughts versus being controlled by them—I find that to be incredibly powerful!"

Gordon Krater, CPA

Group Managing Partner Plante & Moran, PLLC
One of Fortune's "100 Best Companies to Work For"

"Every outcome in the universe is preceded by an initiating thought. Mary J. Lore's latest book, *Managing Thought*, reminds us and provides the tools to be intentional and aware of our thoughts as they create our reality, to consciously create each moment, and to seek balance in a world that forces us to specialize. Read this book, do what she suggests, and discover more of who you really are. Let your journey begin!"

Ole Carlson

Author of *Beneath the Armor* and *Clarity: Creating a Life that Really Matters . . . to You*

"In today's 24/7 global world, executives and entrepreneurs are challenged in all aspects of their professional and personal lives. Today's business education is about teaching future leaders how to manage these challenges. *Managing Thought* provides important and valuable insights as well as robust and realistic prescriptive techniques that will help train business students to overcome those challenges while reinvigorating their passions and cultivating their all-important sense of self."

Kim Schatzel

Dean, School of Management
University of Michigan-Dearborn

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Managing Thought by Mary J. Lore - Endorsements

"Lore's book reinforced my belief that life is a combination of one's heart, mind, and soul, and when these three are combined and made available to us, along with a grounded understanding of our beliefs, we have the possibility of living life to the fullest."

Richard Carr

Vice Chairman of the Board Vistage International
The world's leading chief executive organization

"Anything you want in life such as health, fulfilling career, or happiness begins with a single thought, yet how to manage your thoughts toward your objectives remains elusive to most people. Likewise, while no life is free from troubles, your minds can be trouble-free when you practice self-awareness, self mastery, and being on purpose. In *Managing Thought*, Mary Lore has done a wonderful job presenting an accessible, step-by-step process for cultivating and reshaping your mind to finally actualize the life you want. A highly recommended book for anyone looking to achieve their life's potential."

Dr. Maoshing Ni, Ph.D., D.O.M.

Co-Founder, Tao of Wellness & Yo San University
Author, *Secrets of Longevity* & *Secrets of Self-Healing*

"*Managing Thought* has a very interesting and eye-opening way of looking at life. I especially liked the idea of seven key focus points and the thought process that goes into each one. It was a good experience for me personally to take this short course on *Managing Thought*."

Lucia Loeb

High School Student

"Through *Managing Thought*, I felt like I had the answers to so many issues that would arise in my life. I started to look at things differently at home and also in my classroom. I found I could communicate my needs better with my family and my students. Life is getting better because I have learned and continue to learn to manage my thoughts."

Packy Conway

Mom and High School Teacher

"One of my big aha's as I've been exposed to the whole Managing Thought process is the realization that I typically try to manage other people's thoughts. I assume they are thinking a certain way and then rationalize all of their actions to fit my idea of what they are thinking. We can only manage our own thoughts. What we really need to do is to ask questions, learn to understand others instead of just assuming certain things, and then proceed."

Andrea Rakowicz

Executive Assistant

Managing Thought by Mary J. Lore – Endorsements

"*Managing Thought* is the best book I have ever read. I now realize that I am responsible and accountable for my thoughts and, if I want to make changes in my life, my family, my relationships, it starts with my thoughts. I am the one in control. Through managing my thoughts, I can now have my best day every day."

Debbie Simmons
Homemaker and Substitute Teacher

"We are as we think. Mary J. Lore's *Managing Thought* tells us why. Then she tells us how we can manage our thoughts and transform ourselves, our relationships with others, and our lives. This works!"

Steve Baur
Johrei Fellowship
Helping to create communities where truth, goodness and beauty prevail, and where people enjoy optimal spiritual and physical health, and work in harmony for the benefit of humankind.

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