



[Book: Managing Thought - How Do Your Thoughts Rule Your World?](#)

Written by admin on October 28th, 2008

There's a new positive thinking power book called [Managing Thought: How Do Your Thoughts Rule Your World?](#)

The book is described as a practical guide written by Mary J. Lore founder and CEO of Managing Thought, LLC packed with tools and a step-by-step process to banish habitual, counterproductive thinking which will help you change your thoughts and behaviors.

In this book you'll identify thoughts that are not working for you, discover and release limiting perceptions and beliefs, choose your intentions and shape your thoughts to create the results you want and more.

Here's some editorial reviews:

Review

"Managing Thought gives its readers the path toward a centered self-confidence." — *W. Lynn Tanner, PhD*

President and CEO TEC Canada

Canada's preeminent organization for the development of CEOs

"Managing Thought teaches us how to actually manage our thoughts to be creative, inspired, and impactful in all we do." — *Gordon Krater, CPA*

Group Managing Partner Plante & Moran, PLLC

One of Fortune's "100 Best Companies to Work For"

"Mary Lore shares a very creative approach to analyzing and measuring our thought process." — *Howard Putnam*

Former CEO, Southwest Airlines

Author of The Winds of Turbulence

When you read [Managing Thought: How Do Your Thoughts Rule Your World?](#), please let us know what you think of it. I'll be putting it on my to read list.

